

Personal Fitness Trainers in Manitoba

University graduates who are qualified to design exercise programs. ^{1,2,3}

Name	Telephone	E-mail	Highest Degree	Certifications Held	Website
Anderson, Claire	(204) 975-1555	cafitness@shaw.ca	BA (Kin)		www.coretrainingandtherapy.ca
Bedard, Andrea	(204) 489-9859	a.bedard@uwinnipeg.ca	MSc, BPE	MFC-Trainer of Trainers	
Bodnarus, Don	(204) 687-7209	1kroeker@mts.net	BPE	CSEP-CPT, MFC-RT	
Bosiak, David	(204) 622-2079	dbosiak@mb.sympatico.ca	MBA		
Campbell, Margaret	(204) 622-6233	mcampbell@prha.mb.ca	BPE/ Bed	MFC-GF, AF, Evaluator & Trainer of Leaders	
Cook, Kirk	(204) 477-4059	kirknsw@hotmail.com	B.Kin	CSEP - CPT	
Gagne, Allison	(204) 688-0289	allison_gagne@hotmail.com	BKin & B.A. Honors	CSEP-CEP, MFC-RT, NSCA-CSCS	
Graham, Sheena	(204) 688-0437	sunkissed_191@hotmail.com	Kinesiology		
Hay, Jacqueline	(204) 612-7935	hay_jacqueline@live.com	BA Kinesiology	CPT	
Herda-Cajas, Barbara	(204) 975-1555	core@shawbiz.ca	BPE	CEP, NCCP Level III-Judo	www.coretrainingandtherapy.ca
Lemelin, Sylvain	(204) 479-3866	slemelin@shaw.ca	MSc	CSEP-CEP	
McDonald, Gerren	(204) 797-4090	hellogerren@gmail.com			
Momtchilov, Momtchil	(204) 997-3226	mmomtchilov@mypt.ca	Bachelor of Kinesiology	CPT (ACSM)	www.mypt.ca
Onyskie-Marcus, Jennifer	(204) 223-3739	jennifer_onyskie@hotmail.com	BA (PASS) Athletic Therapy	CAT(C), CSEP-CEP	
Rempel, Stefanie	(204) 799-5083	soccerdudet10@hotmail.com	BA-Kin	CSEP-CPT	
Roberts, Meghan	(204) 688-7609	effectivefitness@hotmail.com.	B SC.	CSEP-CPT	
Sawatzky, Kathryn	(204) 837-1934	ksawatzky@mts.net	BPE	CSEP-CPT, MFC-GLC	
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Stephensen, Lianne	(204) 885-6068	lstephensen9701@shaw.ca	BPAS	CK	
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¹This list was generated on March 29, 2010. Please e-mail requests for an up-to-date list to mepa@mepa.ca

²All Professional MEPA members should hold current CPR/Basic First Aid certifications.

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