
MEPA's Mission

To support and promote the
role of degreed physical
activity professionals in
providing and advocating for
optimal physical activity
opportunities for
Manitobans.



*Moving EveryBODY
through Physical
Activity*



Visit our website
at
www.mepa.ca

Email: mepa@mepa.ca



Membership Benefits

- Increase the credibility of your profession by setting standards of practice and pursuing government regulated licensure for exercise professionals.
- Be a part of a team that will educate the public and government bodies about the importance of our services in improving the health and fitness of Manitobans.
- Pursue the coverage of our services by health insurance providers, MPI and Worker's Compensation.
- Create a place where Manitobans know they can go to find expert advice on physical activity.
- Advertise your services by placing your name on our MEPA Personal Trainer List.
- Receive email notices of current job opportunities and continuing education.
- Network with other professionals.

Student Member Benefits

- Network and gain knowledge from professionals who are already working in the field.
- Exciting opportunities to participate in our student job shadowing program.
- Build your resume by volunteering for MEPA.

Who Are We?

MEPA is dedicated to supporting and promoting the role of degreed physical activity and exercise science professionals in Manitoba. We are a volunteer-run, non-profit association.

Why is MEPA so important?

As the number of people practicing in our field without an exercise science degree grows, we need to increase the credibility of our profession by defining who we are and providing education to the public and allied health professionals.

As MEPA grows, so does our voice in our industry!

We need you!

We must present ourselves as a unified, cooperating organization of professionals interested in providing and advocating for optimal physical activity opportunities for Manitoban's.

The time is now!

It starts with your registration as a professional or student member of MEPA.

Carpe Diem (Seize the day),

The MEPA Executive

Membership Categories

Professional Member

For individuals who hold a minimum of a bachelor's degree in an exercise related field (ie. Kinesiology, Exercise/Sport Science, Physical Education, etc.).

Student Member

For individuals currently enrolled in a university program in an exercise related field (ie. Kinesiology, Exercise/Sport Science, Physical Education).

Facility Membership

For businesses wishing their employees to join as members, a facility discount will be given based on the number of staff who submit membership applications. NOTE: for discount to apply, all membership applications must be submitted together along with proof of degree.

Refer to www.mepa.ca for current membership dues.
