



EPOWC 09

INTEGRATED PERSPECTIVES ON PHYSICAL ACTIVITY.

August 6 - 8, 2009
University of Manitoba, Winnipeg, Manitoba

Keynote Speakers

Thursday, August 6, 2009

Dr. Jennifer Copeland

Associate Professor, Department of Kinesiology & Physical Education, University of Lethbridge

“The Successful Aging Paradox: Exercise and Endocrine Function”

Friday, August 7, 2009

Dr. Lucie Lévesque

Associate Professor, School of Kinesiology & Health Studies, Queen's University

“Community-Based Physical Activity Interventions: Challenges and Opportunities for Evaluation”

Saturday, August 8, 2009

Dr. Todd Duhamel & Dr. Jon McGavock

Assistant Professors, Faculty of Kinesiology & Recreation Management, University of Manitoba

“Fatigue Mechanisms Determining Exercise Performance: Carbohydrates and Their Influence on Calcium-Cycling and Muscle Contractility”

&

“Emerging Trends in the Science of Exercise for the Prevention and Management of Type 2 Diabetes in Youth”



For more information, please visit the EPOWC 2009 website at:
<http://umanitoba.ca/faculties/kinrec/epowc>



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