



You are invited to . . .

an Evening of Education and Inspiration with one of Winnipeg's
leading presenters

Dr. Glen Bergeron, Associate Professor, UofW

Glen will be speaking on *"Health Beyond the Physical: from the
Perspective of the Personal Trainer"*.

When: Tuesday September 15th, 6:30pm

Where: University of Winnipeg, Room 1D12 Anatomy Lab

(please check our website at www.mepa.ca or email mepa@mepa.ca for
updated information)

Cost: FREE!

Snacks will be provided

Please RSVP to mepa@mepa.ca before Sept. 11

This event is sponsored by the Manitoba Exercise Professional's
Association. Please feel free to extend this invitation to others
who may be interested. All are welcome!

Take care and I hope to see you there!

Yours in Health and Fitness,
Kristen Braid, Chair for MEPA